

# MI MODERN LIVING

COURSES & WORKSHOPS

BY LIFESKILLS & LIFESTYLE DIVISION

@ PEOPLE'S ASSOCIATION



**PAssion Card members are entitled to course discounts**  
Get the latest updates on new courses by signing up for our e-Newsletter at [www.pa.gov.sg/lifeskillslifestyle](http://www.pa.gov.sg/lifeskillslifestyle)

**Also offered by Lifeskills & Lifestyle @ People's Association:**

#### **The WEARHouse**

costume rental & fun, educational programmes on multi-culturalism

#### **M.A.D. Studios @ PA**

music, arts & dance studios for rental

#### **PA Talents**

Singapore's only and award-winning contemporary and multi-ethnic dance and orchestra group

#### **Chingay Parade of Dreams**

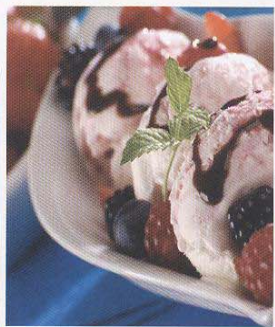
join us, be seen and heard, in Asia's grandest street and floats parade

#### **S.T.A.R.S. Trainers**

team learning at the CCs is fun with our S.T.A.R.S. Trainers

#### **PAssion for Living & Learning e-Newsletter**

your guide to quality courses, exclusive events & special privileges



# M MODERN LIVING

COURSES & WORKSHOPS  
BY LIFESKILLS & LIFESTYLE DIVISION  
© PEOPLE'S ASSOCIATION

## Who says learning only happens in a classroom?

Sign up now for our latest series of Modern Living courses/workshops where we bring you to exciting places for conducive, hands on learning! Whether it's designing your dream home with experts at Barang Barang, making ice-cream at Snow City or crafting chocolate figurines at Chocz with that special someone, we have something for everyone! All these and more, with our established course providers at an exciting venue near you!

## Amazing Science

### Fun with Liquid Nitrogen for Teens (plus Snow Play!)

Considered Snow City's most popular programme, this workshop will involve several demonstrations that showcase the properties of liquid nitrogen. For instance, your child will witness and be awed by liquid nitrogen's ability to readily freeze objects! This fun-filled programme will also touch on concepts of force, pressure, effects of cooling and so on.

**Course Venue:** Snow City @ 21 Jurong Town Hall Road  
**Date:** 11/12/2007  
**Time:** 10am to 12pm  
**Day:** Tuesday  
**Fee:** \$28 (M) \$38 (NM)  
**Register or contact:** Nayang CC (67910395)



## Designer's Paradise

### From House to Home - The Interior Design & Renovation Journey

Empower yourself by making smarter choices when designing your new house! In this course, experts from Barang Barang will help you sift through tons of information and provide you with a good foundation to embark on your interior design and renovation journey. Avoid costly mistakes and gain insights into the design and renovation process. Learn how to examine a design quotation and gain tips on how to plan and manage space! Don't forget to bring along your floor plan for a more detailed consultation!

### Decorating & Furnishing Your Dream Home

Glossy homes featured in design magazines need not only exist in pictures. Now, you can also turn your home into that picture perfect dream home that you've always wanted through this hands-on workshop filled with practical tips and suggestions! For instance, learn how to mix and match colours, textures, lightings and accessories. You will also be guided on how to pick and choose the right wall coverings and colours, floorings, furniture as well as accessories. In addition, you will get to create your very own style mood board complete with actual room layouts! Don't forget to bring along your floor plan for a more detailed consultation!



### From House to Home - The Interior Design & Renovation Journey

**Course Venue:** Barang Barang @ #03-321 Marina Square  
**Date:** 12/1/2008  
**Time:** 3pm to 5pm  
**Day:** Saturday  
**Fee:** \$35 per person / \$60 per couple (M)  
\$40 per person / \$65 per couple (NM)  
(Price includes 1 goodie bag per person with Barang Barang voucher worth \$520, workshop notes & materials and light refreshments)

**Register or contact:** Yio Chu Kang CC (64570414)

### Decorating & Furnishing Your Dream Home 2 - Oriental Glamour

**Barang Barang @ #04-01**  
The Central Mall  
**23/1/2008**  
7pm to 9pm  
Wednesday  
\$110 / person or \$170 / couple (M)  
\$120 / person or \$180 / couple (NM)  
(Price includes 1 goodie bag per person with Barang Barang voucher worth \$580, materials for creation of a personal mood board and light refreshments)  
Geylang Serai CC (67472919)

### Decorating & Furnishing Your Dream Home 3 - Modern Moods

**Barang Barang @ #04-01**  
The Central Mall  
**20/2/2008**  
7pm to 9pm  
Wednesday  
\$110 / person or \$170 / couple (M)  
\$120 / person or \$180 / couple (NM)  
(Price includes 1 goodie bag per person with Barang Barang voucher worth \$580, materials for creation of a personal mood board and light refreshments)  
Geylang Serai CC (67472919)

## Family Bonding



### Chocolate Hands-on Workshop for Kids & Parents

This workshop will encourage you and your child to work together to decorate your very own gingerbread cookies and chocolate figurines! At the end of the session, you will get to bring home your own creations.

**Course Venue:** Chocz Café @ #03-217 Marina Square  
**Date:** 7/12/2007  
**Time:** 2.30pm to 4.30pm  
**Day:** Friday  
**Fee:** \$72 (M) \$82 (NM)  
per Kid-parent pair  
**Register or contact:** Ci Yuan CC (63879012)



## Bear Making Workshop and Treasure Hunt (for couples)

Learn how to make your own cuddly bear in this bear making workshop for couples! With Valentine's Day around the corner, teddy bears can make the most exquisite gifts. Prior to the workshop, participants will have to "hunt" for materials to make the bear's heart, skin and so on. Thereafter, the trainer will guide participants on the bear making process from start to finish!

**Course Venue:** Cool Bear Workstation @ #02-05 Esplanade Mall  
**Date:** 27/11/2008  
**Time:** 11am to 12.30pm  
**Day:** Sunday  
**Fee:** \$88 (M) \$98 (NM) per couple  
**Register or contact:** Braddell Heights CC (62881258)

## Chocolate Love Creation (for couples)

Make your own chocolate figurine as an expression of love for that special someone! This workshop for couples will enable you and your partner to enjoy the chocolate making process together by making chocolate figurines and decorating gingerbread cookies. This workshop includes a Nectar Set chocolate drink for all participants.

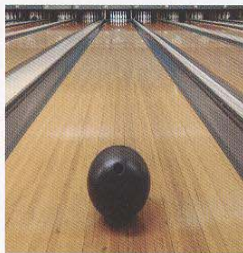
**Course Venue:** Chocz Café @ #03-217 Marina Square  
**Date:** 29/1/2008  
**Time:** 7.30am to 9.30pm  
**Day:** Tuesday  
**Fee:** \$98 (M) \$103 (NM) per couple  
**Register or contact:** Tampines West CC (67837910)



## Introduction to Curling

There are two parts to this introductory session on curling. The first is a practical session briefing about this sport and its safety aspects. The second is a hands-on session where you will be introduced to the basic skills of sliding on ice, delivering of stones and a chance to make some shots by having a go at this sport. Following that, you will be taught game techniques like sweeping, making accurate shots for scoring points and playing games with strategic analysis!

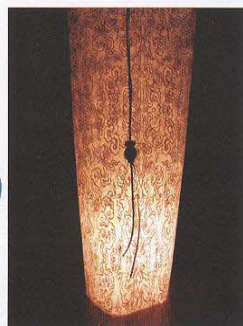
**Course Venue:** Fujii Ice Palace @ #03-01 Jurong Entertainment Centre  
**Date:** 23/1/2008  
**Time:** 7.45am to 9.45pm  
**Day:** Wednesday  
**Fee:** \$30 (M) \$35 (NM)  
**Register or contact:** Taman Jurong CC (62651711)



## Beginners Bowling Workshop (Adults)

This workshop is meant for those who have a little knowledge of bowling and are keen to pursue this sport further. A coach will be on hand to educate you on the proper ways of standing and aiming and offer some tips on how to tackle difficult pin positions.

**Course Venue:** Hougang SuperBowl @ 50 Hougang Ave 1 Tampines Road  
**Date:** 19/2/2008  
**Time:** 7.30pm to 9.30pm  
**Day:** Tuesday  
**Fee:** \$40 (M) \$45 (NM)  
**Register or contact:** Nee Soon South CC (67533121)



## Lamp Making Using Japanese Rice Paper

Japanese rice paper lamps are beautiful and fascinating pieces of art that can be easily made. This workshop will guide you through the steps in order to create your very own Japanese rice paper lamps from start to finish!

**Course Venue:** L'escalier @ #04-20K Ngee Ann City  
**Date:** 30/11/2007  
**Time:** 8pm to 9.30pm  
**Day:** Friday  
**Fee:** \$60 (M) \$65 (NM)  
**Register or contact:** Pasir Ris Elias CC (65831220)



## Origami Clinic for Kids

Origami is the art of paper folding that is fun and engaging for kids. In this workshop, your child will learn the various shapes of origami from the native trainers. There will also be a hands-on session for your child to create his/her own origami and hence develop his/her creativity.

**Course Venue:** L'escalier @ #04-20K Ngee Ann City  
**Date:** 5/12/2007  
**Time:** 4pm to 5pm  
**Day:** Wednesday  
**Fee:** \$38 (M) \$45 (NM)  
**Register or contact:** Siglap South CC (62411925)

# Palate Delights

## Bear Making Workshop and Treasure Hunt



Learn how to make your own cuddly bear in this bear making workshop! Prior to the workshop, participants will have to "hunt" for materials to make the bear's heart, skin and so on. Thereafter, the trainer will guide participants on the bear making process from start to finish!

**Course Venue:** Cool Bear Workstation @ #02-05 Esplanade Mall  
**Date:** 9/12/2007  
**Time:** 11am to 12.30pm  
**Day:** Sunday  
**Fee:** \$45 (M) \$55 (NM)  
**Register or contact:** Punggol 21 CC (63120508)

## Ikebana Workshop

Be introduced to the world of Japanese-style flower arrangement techniques! The traditional Japanese art of flower arrangement is also known as Ikebana. It focuses on the choice of plant material in relation to the container and the surrounding space. This workshop will have hands-on sessions for you to create your very own floral arrangements.

**Course Venue:** L'escalier @ #04-20K Ngee Ann City  
**Date:** 15/1/2008  
**Time:** 7.30am to 9.30pm  
**Day:** Tuesday  
**Fee:** \$55 (M) \$60 (NM)  
**Register or contact:** Pasir Ris Elias CC (65831220)

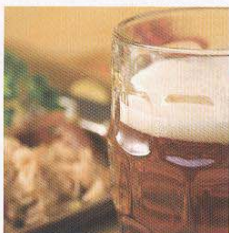
## DIY Ice Cream Making for Kids (plus Snow Play!)



This fun workshop will familiarise your child on the brief history of ice-cream as well as the different ingredients and techniques used in ice-cream making. The children will then be divided into groups of six where each child will get a chance to prepare his/her own ice-cream! This workshop will end with an hour of snow play in the snow chamber.

**Course Venue:** Snow City @ 21 Jurong Town Hall Road  
**Date:** 18/1/2007  
**Time:** 2pm to 4pm  
**Day:** Tuesday  
**Fee:** \$25 (M) \$30 (NM)  
**Register or contact:** Bukit Batok CC (65646317)

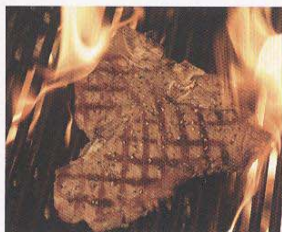
## Introduction to Home Beer Brewing cum Outdoor BBQ Treats



Learn how to brew your own beer in the comfort of your own home! Here, an instructor will introduce to you the concept of "Home Beer Brewing" and explain the brewing process with the help of file notes and a demonstration session. A BBQ session to encourage family/community bonding will follow at the end of the session. Participants will be entitled to two mugs of beer each for sampling!

**Course Venue:** East Coast Park (BBQ Pit)  
**Date:** 12/1/2008  
**Time:** 5pm to 9pm  
**Day:** Saturday  
**Fee:** \$28 (M) \$33 (NM)  
**Register or contact:** Tamar Jurong CC (62651711)

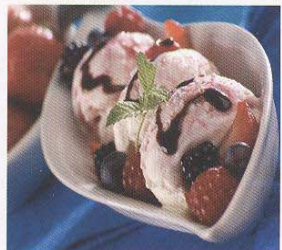
## BBQ Delights



Cook up a storm at your next BBQ session by learning how to concoct three types of special BBQ marinades! A facilitator will demonstrate how you can go about preparing the marinades as well as share with you the recipes. Thereafter, you will get to savour the tasty BBQ items!

**Course Venue:** Coffee Showcase @ 45 East Coast Road (Opposite Roxy Square)  
**Date:** 19/1/2008  
**Time:** 5pm to 9pm  
**Day:** Saturday  
**Fee:** \$28 (M) \$33 (NM)  
**Register or contact:** Tampines Changkat CC (67811806)

## DIY Ice Cream Making (plus Snow Play!)



This fun workshop will familiarise participants on the brief history of ice-cream as well as the different ingredients and techniques used in ice-cream making. Participants will then be divided into groups of six to prepare their own ice-cream! This workshop will end with an hour of snow play in the snow chamber.

**Course Venue:** Snow City @ 21 Jurong Town Hall Road  
**Date:** 2/2/2008  
**Time:** 10am to 12pm  
**Day:** Saturday  
**Fee:** \$28 (M) \$38 (NM)  
**Register or contact:** Bishan North CC (64515955)

Enjoy the convenience of signing up online at <http://one.pa.gov.sg> and search keyword "off-site" for more modern living off-site courses!

Brought to you by:



The People's Association (PA) brings people together to take ownership of and contribute to community well-being. We connect the people and the government for consultation and feedback. We leverage on these relationships to strengthen racial harmony and social cohesion, to ensure a united and resilient Singapore.

Passion Card



For more information about PA, please visit [www.pa.gov.sg](http://www.pa.gov.sg)