



COURSES & WORKSHOPS

BY LIFESKILLS & LIFESTYLE DIVISION
@ PEOPLE'S ASSOCIATION

NOVEMBER - DECEMBER 2009

Healthy Kids, Happy Kids!

- Healthy Doughnuts Making
- Sea Explorer Workshop & Tour At Underwater World Singapore & Dolphin Lagoon
- I Am A Wizard Of Positive Thinking
- The Amazing Art Shuttle
- Overnight Family Safari Camp





Healthy Kids, Happy Kids!

November - December 2009

Let us make it the most exciting time of the year with lots of mind blowing workshops. There's definitely something for everyone to make, bake, watch, do, see or explore and best of all, something new to learn during the holidays! Sign up now for a PA Kiddies course and let the fun begin!

Highlights



Sun, Sand and the Sea for the Family

When did you last build a sandcastle? Have a fun-filled afternoon at East Coast Beach and learn the mechanics of sandcastle building. It's a great outing for the family and perfect for bonding. Sandcastle building materials will be provided on-site so participants need not bring their own equipment. Every family brings home a goodie bag and lots of 'sand-sational' memories to cherish.

NO. OF SESSION | 1 DURATION | 3HRS
FEE | \$60 - \$70 for a family of 3 - 5 pax (M)
\$60 - \$75 for a family of 3 - 5 pax (NM)
COURSE VENUE | EAST COAST BEACH

DATE / DAY	TIME	REGISTER WITH
5 Dec / Sat	4.00pm - 7.00pm	Geylang Serai CC Nanyang CC Nee Soon East CC Punggol CC Rivervale CC Yio Chu Kang CC

Healthy Doughnuts Making (Age 7 - 12)

Love doughnuts but feel guilty about eating too many? Ordinary doughnuts are greasy and fattening but in this class, kids will learn to make their own healthy and delicious version by baking instead of deep-frying the donuts. Kids will also get to decorate them with yummy toppings. The best part is, the toppings will be healthy ones too!

NO. OF SESSION | 1 DURATION | 2HRS

FEE | \$22 - \$25 (M) \$25 - \$32 (NM)

INGREDIENT FEE | \$5



DATE / DAY	TIME	REGISTER WITH
30 Nov / Mon	11.00am - 1.00pm	Geylang Serai CC
1 Dec / Tue	2.30pm - 4.30pm	Bukit Timah CC
9 Dec / Wed	3.00pm - 5.00pm	Nanyang CC
11 Dec / Fri	3.00pm - 5.00pm	Buona Vista CC
12 Dec / Sat	11.00am - 1.00pm	Chong Pang CC
21 Dec / Mon	10.00am - 12.00pm	Nee Soon South CC
22 Dec / Tue	10.00am - 12.00pm	Bishan CC



Sea Explorer Workshop & Tour At Underwater World Singapore & Dolphin Lagoon (Age 4 - 6)

Ideal for kids between ages 4 - 6 and their parents, this workshop gives participants an unforgettable insight to the marine world. Learn about the diverse residents of this watery world through exciting eco-games, stories and an activity-filled tour of the oceanarium with follow-up activities to bring home. Be treated to a multimedia slideshow, hands-on experiments with research instruments, a yummy lunch buffet spread and Meet-The-Dolphins session at Dolphin Lagoon.

NO. OF SESSION | 1 DURATION | 4HRS

FEE | \$45 (M) \$50 (NM)

DATE / DAY	TIME	REGISTER WITH
6 Dec / Sun	10.00am - 2.00pm	Zhenghua-Segar RC
12 Dec / Sat	10.00am - 2.00pm	Bukit Batok East CC

I Am A Wizard Of Positive Thinking (Age 7 - 10)

Help your child combat negative thinking constructively. This course teaches students to develop the cognitive skills and resilience to cope with daily adversity, including criticism, disappointment and bullying. Each lesson in this mental health class explains different types of negative thinking and how to spot and combat them.



NO. OF SESSION | 1 DURATION | 2HRS

FEE | \$19 (M) \$24 - \$29 (NM)

DATE / DAY	TIME	REGISTER WITH
2 Dec / Wed	2.00pm - 3.00pm	Cairnhill CC
4 Dec / Fri	3.00pm - 5.00pm	Pek Kio CC
14 Dec / Mon	2.00pm - 4.00pm	Hougang CC
16 Dec / Wed	2.00pm - 4.00pm	Senja-Cashew CC

Overnight Family Safari Camp At Singapore Zoo (Age 6-12)

Pitch your own tent and camp overnight on the edge of nature at the Singapore Zoo. Get behind the scenes, learn about the workings of the zoo, and maybe even touch some of the animals! After a tour of the Night Safari, it's campfire time. The next day, watch elephants bathe and feed, have an insider tour of the Animal Hospital, ending off with water play at Rainforest KidzWorld. Campers should bring their own sleeping bags and kids should be accompanied by at least one adult.

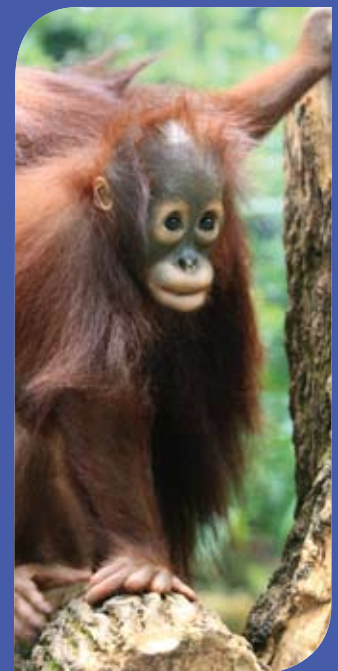


Photo by William Nai

NO. OF SESSION | 2D 1N DURATION | 2D 1N

FEE | Child: \$130 (M) \$140 (NM)

Adult: \$145 (M) \$155 (NM)

DATE / DAY	TIME	REGISTER WITH
5 Dec - 6 Dec / Sat - Sun	2.45pm - 10.45am the following day	Rivervale CC

YUMMY & HEALTHY DIET

Little Cupcake Baker (Age 6 - 12)

Children will learn how to whip up their own delicious cupcakes and have fun decorating them!

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$15 - \$25 (M) \$20 - \$30 (NM) INGREDIENT FEE | \$5

DATE / DAY	TIME	REGISTER WITH
4 Dec / Fri	2.30pm - 4.30pm	Buona Vista CC
7 Dec / Mon	2.30pm - 4.30pm	Tampines Central CC
8 Dec / Tue	11.00am - 1.00pm	Braddell Heights CC
10 Dec / Thu	11.00am - 1.00pm	Chua Chu Kang CC
21 Dec / Mon	10.30am - 12.30pm	The Serangoon CC



Ice-Cream Making - 3 Flavours (Age 5 - 12)

Your child can be a Little Ice-Cream Chef, using low fat milk and natural ingredients to make ice-cream flavours that are low in sugar! Kids will learn how to measure the ingredients for the ice-cream and make 3 different flavours (chocolate, strawberry and corn) without an ice-cream maker. That means anyone can make ice-cream at home. They'll enjoy scooping it into little cups to bring home for freezing and then the best part... eating!

NO. OF SESSION | 1 DURATION | 1HR 30 MINS
FEE | \$20 - \$30 (M) \$25 - \$40 (NM) INGREDIENT FEE | \$10

DATE / DAY	TIME	REGISTER WITH
26 Nov / Thu	10.00am - 11.30am	Ang Mo Kio CC
28 Nov / Sat	9.00am - 10.30pm	Sembawang CC
1 Dec / Tue	11.00am - 12.30pm	The Jelutong CC
2 Dec / Wed	2.00pm - 3.30pm	Chong Pang CC
5 Dec / Sat	2.00pm - 3.30pm	Tampines West CC
8 Dec / Tue	11.00am - 12.30pm	Geylang Serai CC
10 Dec / Thu	10.30am - 12.00pm	Nanyang CC
11 Dec / Fri	2.00pm - 3.30pm	The Serangoon CC
18 Dec / Fri	2.30pm - 4.00pm	Ace The Place CC
19 Dec / Sat	2.00pm - 3.30pm	Buona Vista CC

Ice Cream Tour With Ben & Jerry (Age 5 - 12)

Little ones will have tons of fun tasting ice-cream as well as touring around the popular Ben & Jerry scoop shop. It is a great opportunity to sample their deliciously amazing ice-cream flavours for a heavenly excursion.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$30 (M) \$35 (NM) INGREDIENT FEE | \$10

DATE / DAY	TIME	REGISTER WITH
4 Dec / Fri	2.00pm - 4.00pm	Ace The Place CC

Healthy Bento Set (Age 7 - 12)

In this class, participants will learn to use natural ingredients to make their own healthy and yummy bento sets. They will be pleased at both the taste and the colourful presentation of their creations. This is an ideal class for kids to explore creativity through the world of culinary arts.

NO. OF SESSION | 1 DURATION | 3HRS
FEE | \$15 (M) \$18 - \$25 (NM) INGREDIENT FEE | \$5

DATE / DAY	TIME	REGISTER WITH
22 Nov / Sun	9.00am - 12.00pm	Jalan Besar CC
2 Dec / Wed	2.00pm - 5.00pm	Bishan CC
5 Dec / Sat	1.00pm - 4.00pm	Tampines Central CC
7 Dec / Mon	10.00am - 1.00pm	Bukit Timah CC
28 Dec / Mon	10.00am - 1.00pm	Sembawang CC

Egg Tart & Fresh Fruits Tart Little Chef (Age 6 - 12)

Your little chef will soon learn the art of baking and be able to whip up delicious and mouth watering egg tarts and fresh fruits tarts. Conducted by our culinary art trainer, this workshop provides an interesting insight to two teatime treats that will appeal to kids.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$15 - \$25 (M) \$20 - \$35 (NM) INGREDIENT FEE | \$5

DATE / DAY	TIME	REGISTER WITH
25 Nov / Wed	11.00am - 1.00pm	Chong Pang CC
25 Nov / Wed	3.30pm - 5.30pm	Yew Tee CC
28 Nov / Sat	3.00pm - 5.00pm	Ace The Place CC
2 Dec / Wed	10.00am - 12.00pm	Bukit Timah CC
6 Dec / Sun	1.30pm - 3.30pm	Clementi CC
21 Dec / Mon	1.30pm - 3.30pm	Ang Mo Kio CC

Yummy & Healthy Muffins! (Age 6 - 12)



Your child can make tummy-fillers that are tasty and healthy to eat like Blueberry Muffins and Oatmeal Muffins. Blueberries contain a variety of phytochemicals, antioxidants and are also rich in many vitamins and minerals, including calcium, magnesium and zinc. Oats is high in dietary fibre and proven to lower cholesterol. So let them appreciate healthy eating the fun way.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$15 - \$20 (M) \$20 - \$25 (NM) INGREDIENT FEE | \$5

DATE / DAY	TIME	REGISTER WITH
23 Nov / Mon	10.00am - 12.00pm	Chong Pang CC
28 Nov / Sat	2.00pm - 4.00pm	Pek Kio CC
1 Dec / Tue	10.00am - 12.00pm	Bukit Timah CC
6 Dec / Sun	10.00am - 12.00pm	Clementi CC
16 Dec / Wed	11.00am - 1.00pm	Sembawang CC
17 Dec / Thu	11.00am - 1.00pm	Geylang Serai CC
21 Dec / Mon	10.00am - 12.00pm	Ang Mo Kio CC

FAMILY WELLNESS

Balloon Craft For Parent & Child (Age 7 - 12)

Together, you and your child will discover the excitement of twisting and shaping ordinary balloons into various amusing animal characters. Be amazed at what you will learn to make in just one lesson. Participants are advised to bring their own pumps.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$20 per parent & child (M)
\$25 - \$32 per parent & child (NM)

DATE / DAY	TIME	REGISTER WITH
24 Nov / Tue	7.30pm - 9.30pm	Tanjong Pagar CC
25 Nov / Wed	3.30pm - 5.30pm	Hougang CC
5 Dec / Sat	10.00am - 12.00pm	Woodlands CC
9 Dec / Wed	11.00am - 1.00pm	Geylang Serai CC
9 Dec / Wed	2.00pm - 4.00pm	Teck Ghee CC
14 Dec / Mon	7.30pm - 9.30pm	Zhenghua - Segar RC
15 Dec / Tue	7.30pm - 9.30pm	Anchorvale CC
16 Dec / Wed	7.30pm - 9.30pm	Ci Yuan CC
21 Dec / Mon	10.00am - 12.00pm	Bishan CC



Living in the Ocean! Sleepover Family Camp At Underwater World Singapore (Age 6 - 12)

Imagine sleeping under menacing sharks, graceful dugongs, giant groupers, stingrays and other ocean inhabitants. Beyond books and pictures, this is a truly incomparable experience for the whole family. Activities include a conservation talk, an ocean discovery tour, and an exclusive session at Dolphin Lagoon. All children must be aged 6 and above and accompanied by adults.

NO. OF SESSION | 2D 1N DURATION | 2D 1N
FEE | \$60 - \$73 (M) \$70 - \$75 (NM)

DATE / DAY	TIME	REGISTER WITH
5 Dec - 6 Dec / Sat - Sun	5.00pm - 12.00pm the following day	Pek Kio CC
13 Dec - 14 Dec / Sun - Mon	5.00pm - 12.00pm the following day	Rivervale CC
22 Dec - 23 Dec / Tue - Wed	5.00pm - 12.00pm the following day	Kallang CC
27 Dec - 28 Dec / Sun - Mon	5.00pm - 12.00pm the following day	Ci Yuan CC
29 Dec - 30 Dec / Tue - Wed	5.00pm - 12.00pm the following day	Bukit Batok CC



Baking Camp (Age 6 -12)

Do your kids pester you to get an oven so that they can make cakes and cookies? Sign them up for this 3-session camp where yummy goodies are made using different techniques. It is an innovative way to learn baking skills from the experts. All activities will be hands-on and kids will get to bring back what they have baked.

NO. OF SESSION | 3 DURATION | 3HRS
FEE | \$70 (M) \$75 - \$80 (NM) INGREDIENT FEE | \$50

DATE / DAY	TIME	REGISTER WITH
23 Nov - 25 Nov / Mon - Wed	10.00am - 1.00pm	The Serangoon CC
2 Dec, 9 Dec & 11 Dec / Wed & Fri	10.00am - 1.00pm	Clementi CC



Chocolate Making Little Chef (Age 7 - 12)

In this course, children will learn the art of chocolate making and techniques in handling chocolates. Chocolate flakes and Fancy Chocolate Cups will be taught in this hands-on fun-filled workshop.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$12 - \$15 (M) \$15 - \$23 (NM)
INGREDIENT FEE | \$5

DATE / DAY	TIME	REGISTER WITH
1 Dec / Tue	11.00am - 1.00pm	Yew Tee CC
3 Dec / Thu	9.30am - 11.30am	Marine Parade CC
7 Dec / Mon	10.00am - 12.00pm	Braddell Heights CC
15 Dec / Tue	2.00pm - 4.00pm	Pasir Ris East CC
26 Dec / Sat	2.30pm - 4.30pm	Toa Payoh East CC



Parent - Child Gingerbread Man & Cookie Trees Baking (Age 6 - 12)

It's time to get ready for Christmas and with this baking class, you will wow your friends and family with your best cookie creations. Watch the trainer demonstrate the art of cookie dough making, cutting and baking. Then get into the real fun of decorating your cookies and bringing them home to treat your loved ones!

NO. OF SESSION | 1 DURATION | 3HRS
FEE | \$40 (M) \$50 (NM)

DATE / DAY	TIME	REGISTER WITH
14 Dec / Mon	2.00pm - 5.00pm	Tanjong Pagar CC

Parent-Child Magic Art Workshop (Age 7 - 12)

Imagine how impressed everyone will be when you make something disappear before their very eyes. Now you and your child can learn magic together as a team and have fun as you unravel the mysteries of magic and illusion. Participants will get to learn and practise the various elements of performing magic tricks.

NO. OF SESSION | 1 DURATION | 1.5HRS
FEE | \$20 per parent & child (M)
\$25 - \$32 per parent & child (NM)
MATERIAL FEE | \$6

DATE / DAY	TIME	REGISTER WITH
19 Nov / Thu	10.00am - 11.30am	Clementi CC

Ultimate Frisbee Family Playtime (Age 9 - 12)

It is the family workout everyone can enjoy! First, you will perfect the basic art of throwing and catching. Thereafter, the trainer will teach you how easy it is to compete in the Ultimate Frisbee, the sport which combines speed, stamina and agility.

NO. OF SESSION | 1 DURATION | 1.5HRS
FEE | \$10 (M) \$15 (NM)

DATE / DAY	TIME	REGISTER WITH
5 Dec / Sat	12.00pm - 1.30pm	Keban Bahru CC

Excursion to Kranji - Where Science Comes Alive (Age 4 - 12)



Let your kids experience the world of science with all five senses as they take a field trip to the Kranji countryside for a day of exciting farm visits. Beautifully designed worksheets by educators will facilitate their learning in suburban Singapore. They will visit Hay Dairies and Jurong Frog Farm, and enjoy al fresco lunch at Bollywood Veggies Farm.

NO. OF SESSION | 1
DURATION | 9am to 5pm inclusive of lunch
FEE | 1 adult + 1 child: \$70 1 child: \$35 ;
2 adults + 2 children: \$130

DATE / DAY	TIME	REGISTER WITH
25 Nov / Wed	9.00am - 5.00pm	Pasir Ris Elias CC

Do The Family Cha Cha (Age 5 - 15)

Bond with family members while dancing. Ballroom Latin Cha Cha is a lively, cheeky Latin American dance characterised by 2 slow steps, then 3 fast chases. This exciting and active programme is useful for those who are not involved in sports and perfect for beginners with its lively music, rhythm and quick, sharp basic movements.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$22 - \$25 per parent & child (M)
\$25 - \$35 per parent & child (NM)

DATE / DAY	TIME	REGISTER WITH
29 Nov / Sun	11.00am - 1.00pm	Jalan Besar CC
5 Dec / Sat	1.00pm - 3.00pm	Whampoa CC
21 Dec / Mon	9.30am - 11.30am	Anchorvale CC
22 Dec / Tue	9.30am - 11.30am	Nee Soon South CC
22 Dec / Tue	2.00pm - 4.00pm	Pek Kio CC
23 Dec / Wed	9.30am - 11.30am	Teck Ghee CC

Parent - Child Toddler Book Fun (Age 2 - 4)

Reading to children from the early years lays the groundwork for their enjoyment of books, stories and reading, which is critical to literacy development in later years.

NO. OF SESSION | 1 DURATION | 1.5HRS
FEE | \$20 per pair (M) \$30 per pair (NM)



DATE / DAY	TIME	REGISTER WITH
4 Dec / Fri	11.00am - 12.30pm	Nee Soon South CC

EXERCISE & BE FIT

Cha Cha For Children (Age 6 - 12)

Encourage the kids to develop good body posture, confidence as well as be more open, responsive and supportive through dance. This workshop is a good chance for the kids to explore this enduring and much enjoyed genre of dance.

NO. OF SESSION | 4
DURATION | 2HRS
FEE | \$40 (M)
 \$50 - \$52 (NM)



DATE / DAY	TIME	REGISTER WITH
1 Dec - 4 Dec / Tue - Fri	9.30am - 11.30am	Nee Soon South CC
8 Dec - 11 Dec / Tue - Fri	10.00am - 12.00pm	Tampines West CC
8 Dec - 11 Dec / Mon - Thu	2.00pm - 4.00pm	Ci Yuan CC
28 Dec - 31 Dec / Mon - Thu	9.30am - 11.30am	Teck Ghee CC

Kids Jive (Age 6 - 12)

Ballroom Latin Jive is a lively and suitable dance for kids. Kids will learn to dance on the ball of the foot with their knees flexed.

NO. OF SESSION | 4 **DURATION** | 2HRS
FEE | \$40 (M) \$50 (NM)



DATE / DAY	TIME	REGISTER WITH
28 Nov, 5 Dec, 12 Dec & 19 Dec / Sat	9.30am - 11.30am	Buona Vista CC
15 Dec - 18 Dec / Tue - Fri	10.00am - 12.00pm	Tampines West CC

Belly Dance For Children - Beginners (Age 5 - 13)

Together, you and your child will discover how Bellydance is an amazing tool that can teach body coordination, rhythm awareness and basic dance skills the fun way. Young dancers will enjoy themselves as they explore a new genre using veils and tambourines. They will learn head slides, shoulder shimmy and rolls, snake arms, hand movements, the Egyptian Shimmy and other belly dance moves.

NO. OF SESSION | 8 **DURATION** | 45mins
FEE | \$70 - \$75 (M) \$80 - \$85 (NM)

DATE / DAY	TIME	REGISTER WITH
25 Nov - 30 Dec / Every Wed	10.00am - 10.45am	Nee Soon South CC
5 Dec 09 - 23 Jan 10 / Sat	2.00pm - 2.45pm	Punggol 21 CC
29 Dec - 31 Dec / Tue - Thu	2.30pm - 3.15pm & 3.30pm - 4.15pm	Ci Yuan CC

Shinju-Kai Aikido & Chanbara Self Defence (Age 9 - 12)

This fun course imparts lifeskills via self-defence. It encourages teamwork as kids are introduced to Aikido's philosophy of self-defence and harmony, simple breakfalls and movements. Chanbara's basic foundation steps and competition rules will be taught. They will learn to use everyday objects in defence with practical tips on how to react when attacked.

NO. OF SESSION | 3 **DURATION** | 1.5HRS
FEE | \$50 (M) \$60 (NM)

DATE / DAY	TIME	REGISTER WITH
7 Dec, 14 Dec & 21 Dec / Sunday	1.30pm - 3.00pm	Whampoa CC
15 Dec - 17 Dec / Tue - Thu	10.00am - 11.30am	Jalan Besar CC
17 Dec - 19 Dec / Thu - Sat	2.30pm - 4.00pm	Tampines Changkat CC

Rhythmic Fitness (Age 9 - 12)

Here is a fun group exercise workshop that will teach children how to work out using balance, muscle control, coordination and rhythm. With the aid of music, the workouts are aimed at developing fitness by employing bodyweight exercises, dance and kickboxing moves that kids can enjoy.



NO. OF SESSION | 1 **DURATION** | 1HR
FEE | \$18 - \$20 (M) \$23 - \$30 (NM)

DATE / DAY	TIME	REGISTER WITH
9 Dec / Wed	2.00pm - 3.00pm	Bishan CC
14 Dec / Mon	3.00pm - 4.00pm	Tanglin CC
18 Dec / Fri	3.00pm - 4.00pm	Yio Chu Kang CC

JOURNEY INTO CREATIVITY

Astronomy with Singapore Science Centre

This astronomy course helps you to understand stars, constellations, nebulae, galaxies and more. You will stargaze at Singapore's biggest observatory and in good weather, even get to see a close-up of the moon, as well as the planets, star clusters and nebulae. Everyone will receive a sky map of the month.

NO. OF SESSION | 1 DURATION | 2.5HRS
FEE | \$8 - \$12 (M) \$12 - \$18 (NM)

DATE / DAY	TIME	REGISTER WITH
16 Dec / Wed	7.30pm - 10.00pm	Bukit Batok CC
16 Dec / Wed	7.30pm - 10.00pm	Tanjong Pagar CC

Build Your Own UFO! (Age 8 - 11)



Come join us in the exciting discovery of flying objects. Learn to build your own Unique Flying Object that can flap and turn. Or even build a Boomerang Plane that comes back to you. Understand the science of flight and have fun with your flying objects at the same time!

NO. OF SESSION | 1 DURATION | 2.5HRS
FEE | \$27 - \$30 (M) \$32 - \$40 (NM)
MATERIAL FEE | \$5

DATE / DAY	TIME	REGISTER WITH
24 Nov / Tue	10.00am - 12.30pm	Yew Tee CC
8 Dec / Tue	10.00am - 12.30pm	Bishan CC
11 Dec / Fri	3.00pm - 5.30pm	Yio Chu Kang CC
15 Dec / Tue	10.00am - 12.30pm	Ulu Pandan CC
18 Dec / Fri	10.00am - 12.30pm	The Serangoon CC



Create Your Own Story Book! (English) (Age 7-12)

In this course, fairytales are used in improving your child's creativity and linguistic skills. Kids will be engaged in different kinaesthetic and language activities when they create and personalise their storybooks to make fairytales come to life uniquely. They will develop vocabulary knowledge through selection and use of words, grammatical skills, fine motor skills, creativity and writing skills.

NO. OF SESSION | 4 DURATION | 1.5HRS
FEE | \$50 (M) \$55 - \$60 (NM)
MATERIAL FEE | \$60

DATE / DAY	TIME	REGISTER WITH
30 Nov - 3 Dec / Mon - Thu	2.30pm - 2.00pm	Yew Tee CC
14 Dec - 17 Dec / Mon - Thu	11.30am - 1.00pm	Hougang CC
21 Dec - 22 Dec, 28 Dec - 29 Dec / Mon & Tue	12.30pm - 2.00pm	Marsiling CC

Fun Science and Botany (Age 8 - 10)

Through a combination of science and art activities, your child can better understand plants. Your child will learn about the different parts of the plants, such as leaves, flowers, fruits, stems and roots, through simple hands-on activities. They include dissecting a flower or fruit, making a leaf press and creating a picture of patterns from a plant part.



NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$25 (M) \$25 - 35 (NM)

DATE / DAY	TIME	REGISTER WITH
7 Dec / Mon	3.00pm - 5.00pm	Zhenghua CC
8 Dec / Tue	3.00pm - 5.00pm	Bishan CC
11 Dec / Fri	3.00pm - 5.00pm	Tanglin CC



Fun Science - Egg Drop Project (Age 8 - 12)

Drop an egg and find out all sorts of wonderful facts of science! This course offers background information and discussion of egg dropping. Students will do hands-on experimentation, problem-solving and presentation. This project work activity will stimulate independent thinking and more creativity in the learning of science.

NO. OF SESSION | 1 DURATION | 1.5HRS
FEE | \$12 - \$15 (M) \$17 - \$25 (NM) MATERIAL FEE | \$3

DATE / DAY	TIME	REGISTER WITH
7 Dec / Mon	2.00pm - 3.30pm	Pek Kio CC
10 Dec / Thu	2.00pm - 3.30pm	Bishan CC
14 Dec / Mon	1.30pm - 3.00pm	The Serangoon CC
9 Dec / Wed	2.00pm - 3.30pm	Tanglin CC
17 Dec / Thu	4.30pm - 6.00pm	The Jelutong CC



Creative Christmas Dough Craft (Age 5 - 12)

Have fun with salt dough, a traditional craft dough preserved by salt and hand-moulded into different shapes. This two-session course stimulates the child's creativity and adds to their knowledge of science. You will learn how to manipulate the dough, make a 3D decorative piece for Christmas and how to paint it.

NO. OF SESSION | 2 DURATION | 2HRS
FEE | \$26 (M) \$31 (NM) MATERIAL FEE | \$5

DATE / DAY	TIME	REGISTER WITH
10 Dec - 11 Dec / Thu - Fri	10.00am - 12.00pm	The Serangoon CC

I love Animals! (Age 6 - 12)

This programme is specially created to introduce animals to kids in an interesting way. Learning animal facts will bring about better understanding, prevent animal cruelty and make children more responsible pet owners. Then by harnessing their boundless creativity, the kids will be encouraged to create art with fascinating stories incorporating animal themes to bring home.

NO. OF SESSION | 2 DURATION | 2HRS
FEE | \$40 (M) \$45 (NM)



DATE / DAY	TIME	REGISTER WITH
23 Nov - 24 Nov / Mon & Tue	1.30pm - 3.30pm	Pasir Ris Elias CC
23 Nov - 24 Nov / Mon & Tue	10.30am - 12.30pm	Hougang CC

Creative Intelligence (Age 7 - 12)

A set of well-structured activities and games help to enhance your child's creative intelligence so that he can think and learn more creatively and proficiently. Techniques taught include imaginative mindmapping, brainstorming, asking questions and doodling.

NO. OF SESSION | 1 DURATION | 3HRS
FEE | \$20 (M) \$30 (NM)

DATE / DAY	TIME	REGISTER WITH
17 Dec / Thu	2.00pm - 5.00pm	Pek Kio CC

Fun with Timepieces (Age 6 - 12)

Did you know that you can create a personalised clock using discarded cardboard? Learn how to do just that in this class that lets you explore the potential of recyclable cardboard while unleashing your imagination and creativity. At the same time, you will be doing your part for the earth by reducing pollution and landfill space.

NO. OF SESSION | 1 DURATION | 3HRS
FEE | \$16 (M) \$18 (NM) MATERIAL FEE | \$8

DATE / DAY	TIME	REGISTER WITH
9 Dec / Wed	1.30pm - 4.30pm	Mountbatten CC
10 Dec / Thu	2.00pm - 5.00pm	Pek Kio CC



Kidz Can Craft! - Make a Strawberry Pinata (Age 6 - 12)

Pinatas are great for any party and now, kids can have hands-on experience in creating a strawberry-shaped pinata from the scratch using paper mache. They will also fill their pinata with goodies like candies and toys, enjoy wrapping and decorating the pinata to bring home for their next party.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$30 (M) \$35 (NM) MATERIAL FEE | \$8

DATE / DAY	TIME	REGISTER WITH
23 Nov / Mon	10.30am - 12.30pm	The Jelutung CC
25 Nov / Wed	1.00pm - 3.00pm	Pasir Ris Elias CC
3 Dec / Thu	2.00pm - 4.00pm	Chong Pang CC
12 Dec / Sat	2.00pm - 4.00pm	Mountbatten CC

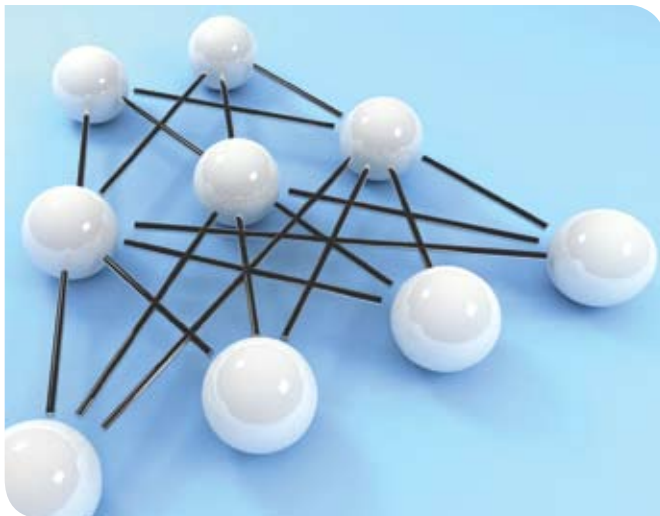


Improve Your Memory Now! (Age 7 - 12)

This fun and exhilarating workshop will help participants to catapult their memory power to new heights by unleashing their hidden talent. They will learn techniques to remember key words more effectively and efficiently, and improve their vocabulary to instill confidence.

NO. OF SESSION | 1 DURATION | 3.5HRS
FEE | \$45 (M) \$55 - \$60(NM) MATERIAL FEE | \$2

DATE / DAY	TIME	REGISTER WITH
23 Nov / Mon	2.00pm - 5.30pm	Hougang CC
24 Nov / Tue	2.00pm - 5.30pm	Pek Kio CC
3 Dec / Thu	2.00pm - 5.30pm	Kampong Kembangan CC
8 Dec / Tue	2.00pm - 5.30pm	Chong Pang CC
9 Dec / Wed	2.00pm - 5.30pm	Cairnhill CC
17 Dec / Thu	2.00pm - 5.30pm	Ace The Place CC
21 Dec / Mon	2.00pm - 5.30pm	Jalan Besar CC



The Mathemagic of the Mobius Strip (Age 10 - 12)

A metaphor for change and surprise, the Mobius strip happens when creative mathematics clashes with rational thought. It is linked to topology, where shapes do not change when an object is stretched or distorted. Twisted paper strips will be cut and their logic-defying outcomes predicted. See how the Mobius strip is used in magic, art, science, engineering, literature and music.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$20 (M) \$25 - \$30 (NM)

DATE / DAY	TIME	REGISTER WITH
30 Nov / Mon	10.00am - 12.00pm	Hougang CC
16 Dec / Wed	1.00pm - 3.00pm	Bishan CC

Korean Clay Craft (Age 6-12)

Made with the help of nanotechnology, Korean clay is ultra light and easily moulded into all sorts of shapes. Best of all, it does not leave a mess. In this 2-hour course, kids learn how to create unique gifts with the clay craft made. They can craft their own sweets, mini cakes and animals. So let their creativity flow and you will be amazed at what they can do.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$25 (M) \$30 - \$35 (NM) MATERIAL FEE | \$20

DATE / DAY	TIME	REGISTER WITH
24 Nov / Tue (4 - 6 yrs old)	2.00pm - 4.00pm	Tanglin CC
24 Nov / Tue	5.00pm - 7.00pm	Tanglin CC
2 Dec / Wed	1.00pm - 3.00pm	Toa Payoh West CC
2 Dec / Wed	3.30pm - 5.30pm	Toa Payoh West CC
4 Dec (4 - 6yrs old)	5.00pm - 7.00pm	Tampines Central CC
4 Dec (7 - 12yrs old)	2.00pm - 4.00pm	Tampines Central CC
7 Dec / Mon	10.00am - 12.00pm	Mountbatten CC
28 Dec / Mon	2.00pm - 4.00pm	Tampines East CC

Holidays Excursion!

Here's a chance for your child to learn more about our own little island while interacting with other kids. This excursion promises a day of adventure with lots to learn about old and new Singapore. It's a well deserved experience for kids this school holiday and a great chance to recharge and relax whilst touring the famous and iconic spots of Singapore!

NO. OF SESSION | 1 DURATION | 4HRS
FEE | \$30 (M) \$35 (NM)

DATE / DAY	TIME	REGISTER WITH
19 Dec / Sat	9.00am - 1.00pm	Ace The Place CC

Exploring Electronics & Robotics! (Age 9 - 12)

Participants will learn the importance and application of everyday electronics, the use of microcomputers, basic robotic control and basic microcontroller programming. By the end of the session, they will be able to perform basic soldering to construct a creative electronic E-matrix display. Notes, basic theory, display kits and electronic tools are included.

NO. OF SESSION | 1 DURATION | 3HRS
FEE | \$10 - \$15 (M) \$15 - \$20 (NM)

DATE / DAY	TIME	REGISTER WITH
13 Dec / Sun	3.00pm - 6.00pm	Ci Yuan CC
16 Dec / Wed	3.00pm - 6.00pm	Pek Kio CC
22 Dec / Tue	10.30am - 1.30pm	Geylang West CC



The Amazing Art Shuttle (Age 6 - 12)

Kids shuttle off to various places in this course that encourages imagination through art. First stop, Venice where colourful carnival costumes and elaborate masks are made. Then, off to Hollywood with acting sets, backdrops and creative characters. Kids will meet Van Gogh, Da Vinci and other famous artists. Tied dye and stop motion photography techniques will also be taught.

NO. OF SESSION | 3 DURATION | 2.5HRS
FEE | \$55 - \$60 (M) \$60 - \$65 (NM)

DATE / DAY	TIME	REGISTER WITH
24 Nov - 26 Nov / Tue - Thu	2.30pm - 5.00pm	Rivervale CC
2 Dec - 4 Dec / Wed - Fri	9.30am - 12.00pm	Senja-Cashew CC



Solve the Rubik's Cube Fast! (Age 7-14)

This intriguing course teaches participants to solve the Rubik's Cube using a set of algorithms with the help of experienced speedsolvers.

NO. OF SESSION | 1 DURATION | 1.5HRS
FEE | \$10 - \$20 (M) \$15 - \$25 (NM)

DATE / DAY	TIME	REGISTER WITH
30 Nov / Mon	2.00pm - 3.30pm	Tanglin CC
2 Dec / Wed	8.00pm - 9.30pm	Geylang West CC
5 Dec / Sat	10.00am - 11.30am	Bishan CC
11 Dec / Fri	2.30pm - 4.00pm	Punggol Park CC
12 Dec / Sat	2.30pm - 4.00pm	Pek Kio CC

Ready, Get Set, FLY! Airplanes (Age 7 - 12)

Flying harnesses the power of air. Explore the science behind airplanes and have fun with paper planes too. In this fun-filled workshop, you will discover the history and science of airplanes, 10 different kinds of paper planes and the world record holder for paper airplane flight recorded 27.6 seconds. So come fly with us into the world of science.



NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$16 (M) \$21 (NM)

DATE / DAY	TIME	REGISTER WITH
4 Dec / Fri	10.00am - 12.00pm	The Serangoon CC
4 Dec / Fri	10.00am - 12.00pm	The Jelutong CC
15 Dec / Tue	2.00pm - 4.00pm	Yio Chu Kang CC
16 Dec / Wed	2.30pm - 4.30pm	Ace The Place CC



Surveillance Balloon (Age 6 -15)

This project allows students to capture an aerial view picture from high ground. During the course, they will learn to build their camera casing and try to fix it onto balloons. Then from ground level, they will trigger a sensor to snap aerial view pictures of the surroundings.

NO. OF SESSION | 1 **DURATION** | 2HRS
FEE | \$22 - \$23 (M) \$32 - \$35 (MN)

DATE / DAY	TIME	REGISTER WITH
2 Dec / Wed	2.30pm - 4.30pm	Hong Kah North CC
16 Dec / Wed	2.30pm - 4.30pm	Teck Ghee CC

The Brainy Camp (Age 7 - 12)

Your brain is a powerful tool and you can harness and develop its tremendous capability by experiencing and understanding “whole brain” learning. You will be led through a session of fun and mind-boggling brain games such as confidence building games, ice-cream stick puzzles, fun riddles and tangrams.

NO. OF SESSION | 1 **DURATION** | 2.5HRS
FEE | \$20 (M) \$32 (NM)

DATE / DAY	TIME	REGISTER WITH
21 Dec / Mon	1.30pm - 4.00pm	Teck Ghee CC



Little Movie Maker (Age 6 - 12)

Movie Maker enables children to edit their video footage and make impressive movies in an easy and fun way. They will learn how to import media (video, picture, music), edit it and share their movie by burning it into a CD. With this new skill, your child’s next presentation in school will never be the same again.

NO. OF SESSION | 1 **DURATION** | 2HRS
FEE | \$50 (M) \$60 (NM)

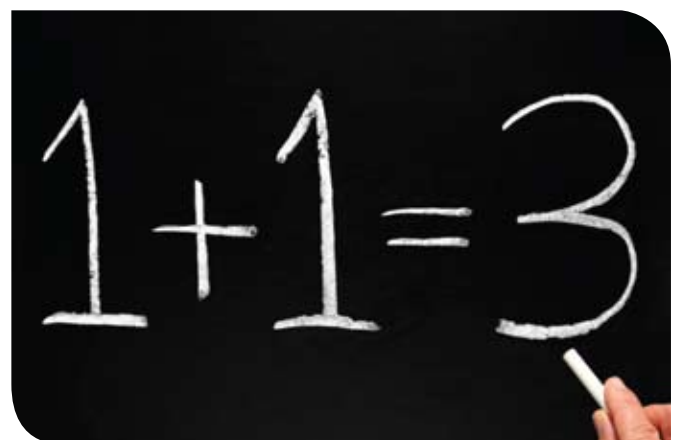
DATE / DAY	TIME	REGISTER WITH
7 Dec / Mon	3.00pm - 5.00pm	Senja-Cashew CC
10 Dec / Thu	2.30pm - 4.30pm	Bishan North CC
10 Dec / Thu	4.30pm - 6.30pm	Bishan North CC



Spy Maths Adventures (Age 8 - 11)

Children learn maths easily through games. In this workshop, we have created a scenario where children use maths to solve the mystery of the stolen pearl. Through solving math problems, they can outwit the thief to retrieve the pearl, while applying creativity and logical reasoning at the same time.

NO. OF SESSION | 1 **DURATION** | 2.5HRS
FEE | \$27 - \$29 (M) \$32 - \$39 (NM)



DATE / DAY	TIME	REGISTER WITH
7 Dec / Mon	10.00am - 12.30pm	The Jelutung CC
8 Dec / Tue	10.00am - 12.30pm	Yew Tee CC
14 Dec / Mon	10.00am - 12.30pm	Ulu Pandan CC
16 Dec / Wed	2.30pm - 5.00pm	Marsiling CC
18 Dec / Fri	10.00am - 12.30pm	Mountbatten CC

Pop-Up Electronic Music Card (Age 8 - 16)

Ever wonder how a pop-up card is made? Or analyse the electronics hidden behind musical greeting cards? Learn to make your own version of the pop-up musical greeting card. This course teaches you the secrets of circuits as you assemble components into a pop-up birthday or Christmas card. It's science, paper engineering and fun all rolled into one.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$12 - \$15 (M) \$20 - \$25 (NM)
MATERIAL FEE | \$3

DATE / DAY	TIME	REGISTER WITH
21 Nov / Sat	10.00am - 12.00pm	Dover CC
4 Dec / Fri	2.30pm - 4.30pm	Hong Kah North CC
10 Dec / Thu	10.00am - 12.00pm	Dover CC
11 Dec / Fri	2.30pm - 4.30pm	Pek Kio CC
14 Dec / Mon	10.00am - 12.00pm	Bishan CC
15 Dec / Tue	10.30pm - 12.30pm	Teck Ghee CC
17 Dec / Tue	2.00pm - 4.00pm	Jalan Besar CC

Big Money Guru for Kids (Age 7 - 10)



Pick up the most valuable skill you can learn outside school and be a Big Money Guru! Find out how you can best handle your money as a kid by exploring ideas on cultivating financial abilities. We will share ideas on the history of money, ways to make money during the school holidays, the importance of savings and inculcating good spending habits.

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$13 - \$14 (M) \$18 - \$24 (NM)

DATE / DAY	TIME	REGISTER WITH
25 Nov / Wed	3.00pm - 5.00pm	Geylang West CC
30 Nov / Mon	10.00am - 12.00pm	The Serangoon CC
4 Dec / Fri	10.00am - 12.00pm	Tampines Changkat CC
8 Dec / Tue	2.30pm - 4.30pm	Ace The Place CC
12 Dec / Sat	10.00am - 12.00pm	Marsiling CC
15 Dec / Tue	2.00pm - 4.00pm	Chong Pang CC
17 Dec / Thu	10.00am - 12.00pm	Tanglin CC
17 Dec / Thu	2.00pm - 4.00pm	Hong Kah North CC



Let's Celebrate Loy Krathong! (Age 6 - 12)

In this special class, children will get a chance to learn Thai dances and songs and how to make a lotus flower for the important Loy Krathong festival. Learn the festive greetings and hand gestures that Thais use. Children will appreciate the Thai culture renowned for its graceful etiquette.

NO. OF SESSION | 1 DURATION | 2.5HRS
FEE | \$20 (M) \$25 (NM) MATERIAL FEE | \$8

DATE / DAY	TIME	REGISTER WITH
3 Dec / Thu	2.00pm - 4.00pm	Toa Payoh West CC



Mutant Heroes Science Adventure (Age 6 - 9)

Welcome to the world of mutant heroes! Learn about their powers, the science and the logic within them through fun and interesting hands-on activities and experiments. Learn about the weather, mutation and regeneration through characters like The Incredible Hulk and Storm.

NO. OF SESSION | 1 DURATION | 2HRS 45MINS
FEE | \$25 - \$27 (M) \$30 - \$37 (NM) MATERIAL FEE | \$2

DATE / DAY	TIME	REGISTER WITH
9 Dec / Wed	2.00pm - 4.45pm	Yew Tee CC
10 Dec / Thu	2.00pm - 4.45pm	Ulu Pandan CC
11 Dec / Fri	9.45am - 12.30pm	Pasir Ris Elias CC
12 Dec / Sat	9.45am - 12.30pm	The Jelutong CC
18 Dec / Fri	9.45am - 12.30pm	The Serangoon CC
30 Dec / Wed	2.45pm - 5.30pm	Geylang West CC

JOURNEY INTO GRACE & SELF-CONFIDENCE

Building Confidence with Street Magic (Age 7 - 12)

Amazed by Street Magicians? Come to this magical workshop to discover how things can float like there is no gravity and know the tricks behind levitation. Besides learning to perform street magic, kids will learn how to perform magic with confidence to build self esteem.

NO. OF SESSION | 1

DURATION | 3HRS

**FEE | \$27 (M)
\$32 (NM)**



DATE / DAY	TIME	REGISTER WITH
5 Dec / Sat	9.45am - 12.45pm	Ulu Pandan CC
12 Dec / Sat	9.45am - 12.45pm	Chong Pang CC
13 Mar / Sat	2.00pm - 5.00pm	Kallang CC
16 Dec / Wed	2.30pm - 5.30pm	Punggol Park CC
28 Dec / Mon	9.45am - 12.45pm	Marsiling CC
30 Dec / Wed	2.45pm - 5.45pm	Buona Vista CC

Basic Manners Begin At Home (Age 5 - 12)

Having good manners take practice. This course teaches manners such as how to speak to adults, compliment family members, being considerate and much more! It also emphasizes on what not to do, such as gossiping and lying. Telephone manners and expected behaviours in public places such as fast food outlets are also taught in a lively way through quizzes and games. To give your children a precious head start in life, be sure to enroll your children in the course!

NO. OF SESSION | 1 DURATION | 2HRS

FEE | \$19 - \$25 (M) \$24 - \$35 (NM) MATERIAL FEE | \$2

DATE / DAY	TIME	REGISTER WITH
23 Nov / Mon	2.30pm - 4.30pm	Hwi Yoh CC
24 Nov / Tue	2.00pm - 4.00pm	The Frontier CC
26 Nov / Thu	2.00pm - 4.00pm	Ulu Pandan CC
1 Dec / Tue	2.00pm - 4.00pm	Lam Soon CC
4 Dec / Fri	1.00pm - 3.00pm	Toa Payoh East CC
8 Dec / Tue	2.00pm - 4.00pm	Tampines North CC
11 Dec / Fri	2.30pm - 4.30pm	Katong CC
16 Dec / Wed	1.00pm - 3.00pm	Yew Tee CC
17 Dec / Thu	11.30pm - 1.30pm	Anchorvale CC
18 Dec / Fri	11.00am - 1.00pm	Ci Yuan CC
29 Dec / Tue	2.00pm - 4.00pm	Pasir Ris Elias CC
30 Dec / Wed	12.30pm - 2.30pm	Fuchun CC
30 Dec / Wed	4.00pm - 6.00pm	Senja-Cashew CC



Table Manners Starts from Young! (Age 4 - 9)

Bad habits are often hard to undo. This course will instill in kids good etiquette and table manners. They will learn about table settings, napkins, rules on salt and pepper, posture and table etiquette, as well as rules on introduction. This 2-hour workshop promises to be fun and activity-filled with games. Snacks are included in this session.

NO. OF SESSION | 1 DURATION | 2HRS

FEE | \$25 (M) \$28 - \$35 (NM) MATERIAL FEE | \$2

DATE / DAY	TIME	REGISTER WITH
25 Nov / Wed	1.00pm - 3.00pm	Yew Tee CC
4 Dec / Fri	3.30pm - 5.30pm	Toa Payoh East CC
10 Dec / Thu	12.00pm - 2.00pm	Katong CC
24 Dec / Thu	3.00pm - 5.00pm	Senja-Cashew CC



Children Can Have Respectful Manners (Age 5 - 12)

This course will help to instill respectful manners such as when to ask for permission, learn to apologise, respect house rules and empathise with the less fortunate. Your children will also learn to acknowledge visitors and engage others in conversation. The session will be lively with quizzes and games to reinforce the learning points. To give your children a precious head start in life. Be sure to enroll your child in this course!

NO. OF SESSION | 1 DURATION | 2HRS
FEE | \$25 (M) \$28 - \$35 (NM)
MATERIAL FEE | \$2

DATE / DAY	TIME	REGISTER WITH
25 Nov / Wed	3.30pm - 5.30pm	Yew Tee CC
10 Dec / Thu	2.30pm - 4.30pm	Katong CC
18 Dec / Fri	2.30pm - 4.30pm	Hwi Yoh CC

Kid's Dining Etiquette (Age 6 - 14)

Table manners are important social etiquettes as they reflect one's upbringing. This course will give your child a good head start in dining through the A to Z guide in table manners using games. This workshop will involve hands-on practice with snacks and drinks as well as role plays to better understand what was learned. There will also be a group competition and card games with prizes to be won.

NO. OF SESSION | 1 DURATION | 3HRS
FEE | \$25 (M) \$28 - \$35 (NM) MATERIAL FEE | \$10

DATE / DAY	TIME	REGISTER WITH
9 Dec / Wed	2.00pm - 5.00pm	Chong Pang CC
14 Dec / Mon	2.30pm - 5.30pm	Katong CC
15 Dec / Tue	2.00pm - 5.00pm	Tampines North CC
16 Dec / Wed	3.30pm - 6.30pm	Yew Tee CC
28 Dec / Mon	2.00pm - 5.00pm	Ulu Pandan CC

COMMUNITY CLUBS / RESIDENTS' COMMITTEE CENTRES

Ace The Place	68913430	Nee Soon South CC	67533121
Anchorvale CC	64894959	Pasir Ris East CC	65842798
Ang Mo Kio CC	64529644	Pasir Ris Elias CC	65831220
Bishan CC	62594720	Pek Kio CC	62990565
Bishan North CC	64515955	Punggol 21 CC	63120508
Braddell Heights CC	62881258	Punggol CC	63871830
Bukit Batok CC	65646317	Punggol Park CC	63873036
Bukit Timah CC	64662912	Rivervale CC	63120470
Buona Vista CC	67785163	Sembawang CC	67584183
Chong Pang CC	67588258	Senja-Cashew CC	62194561
Chua Chu Kang CC	67691694	Tampines Central CC	67858292
Ci Yuan CC	63863717	Tampines Changkat CC	67811806
Clementi CC	67781950	Tampines East CC	67863227
Dover CC	67771540	Tampines North CC	67832900
Fuchun CC	63656911	Tampines West CC	67837910
Geylang Serai CC	67472919	Tanglin CC	62513922
Geylang West CC	67483024	Tanjong Pagar CC	62219898
Hong Kah North CC	65673130	Teck Ghee CC	64567123
Hougang CC	62828887	The Frontier CC	67958229
Hwi Yoh CC	64840338	The Jelutung CC	67556369
Jalan Besar CC	62986110	The Serangoon CC	62844137
Kallang CC	62984582	Toa Payoh East CC	62567601
Kampong Kembangan CC	64496022	Toa Payoh West CC	63530577
Katong CC	63458285	Ulu Pandan CC	64637333
Kebun Baru CC	64577379	Whampoa CC	62547060
Lam Soon CC	67651598	Woodlands CC	63689938
Marine Parade CC	63467703	Yew Tee CC	67693672
Marsiling CC	62696768	Yio Chu Kang CC	64570414
Mountbatten CC	63447387	Zhenghua CC	63106702
Nanyang CC	67910395	Zhenghua-Sengar RC	63106702
Nee Soon East CC	62570446		

To provide a truly delightful course experience for our customers, PA gathers customer feedback on an ongoing basis. We have commissioned XpressWorks Pte Ltd, an independent research agency, to conduct random telephone surveys. Your participation in this survey would be greatly appreciated. You may sign up for our courses online at <http://one.pa.gov.sg> or register with your nearest CCs.

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Cultureshiok

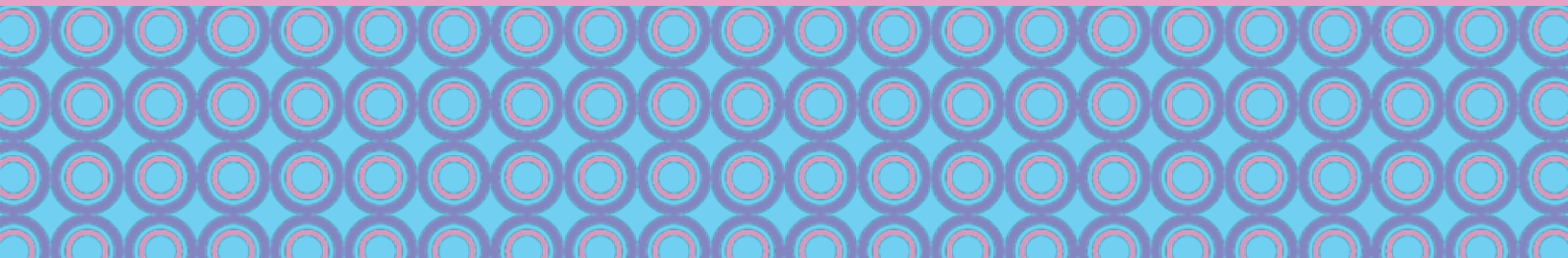
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